- Start time: 05:30, Forno di Zoldo city center Via Roma
- o Passo Duran (km 14): water supply, checkpoint, withdrawal point (shuttle service)
- **Casera della Grava** (km 20): water supply, checkpoint, medical service, withdrawal point (shuttle service)
- Malga Pioda (km 29): water supply, checkpoint of time barrier (13.30), medical service, withdrawal point (shuttle service)
- Passo Staulanza (km 37): base vita, water and food supply, checkpoint of time barrier (14.30), electronic control, medical service, physiotherapy service, withdrawal point (shuttle service)
- Passo Tamai (km 45): water supply, checkpoint of time barrier (16.00), medical service and withdrawal point
- Pieve Forno di Zoldo: ALT 18:30

The Trail partly follows the "Alta Via", that is part of a popular trekking divided into 6 stages called "Anello Zoldano" in the Zoldo Valley. This wonderful hiking trail was invented by Paolo Bonetti and Paolo Lazzarin in 1985.

Starting from Forno di Zoldo (height mt. 840), it rises gradually to the Village of "Pralongo" and then take the short but steep trail that leads to "Colcerver", which is a characteristic mountain village. The path then goes up to the "San Sebastiano" mountain towards "Passo Duran" (refreshment point): is a slight but steady climb on dirt roads and trails (539-530-536).

From "Passo Duran" (height mt. 1601) through the path "Angelini" (sent. 578), it goes up to "Vant della Moiazza". Then the difficult climb to the bivouac "Grisetti" (height mt. 2050). After that it goes down to the mountain dew "Casera della Grava" (refreshment point); it continues towards Mount "Civetta" through "Tivan" path (sent.557). Afterwards it runs under the majestic face of Mount Civetta, up to 2450 meters above sea level and then it continues to Pan di Zucchero, Torre Valgranda, Torre Alleghe and Torre Coldai (pay special attention - way equipped with fixed ropes only for experienced hikers- EE+) arriving in the end to the mountain dew "Rifugio Coldai".

It goes up to "Malga Pioda" (refreshment point) and "Col dei Baldi", then "Fertazza" until it crosses Sent. 568. Here it goes down to "Casera Fontanafredda", goes up to "Monte Crot" and goes down again to "Passo Staulanza" (refreshment point).

It starts again towards "Rifugio Venezia" (sent. 472), running under the wonderful face of "Monte Pelmo". Nearby the "Le Mandre", it goes through "Ru della Fessura" (water supply from the brook) and then to "I Lac". Here, there is sent. 499 on the right towards "Sass de Formedal" and then a grassy slope to Passo Tamai (refreshment point).

At this point, there is the last climb to "Monte Punta" (height mt. 1952) where you can enjoy a wonderful view over the entire Valley. After that it goes down through a gently sloping military trail to "Casal", "Bragarezza" ad in the end it runs the last stretch of asphalt until the arrival at Pieve.