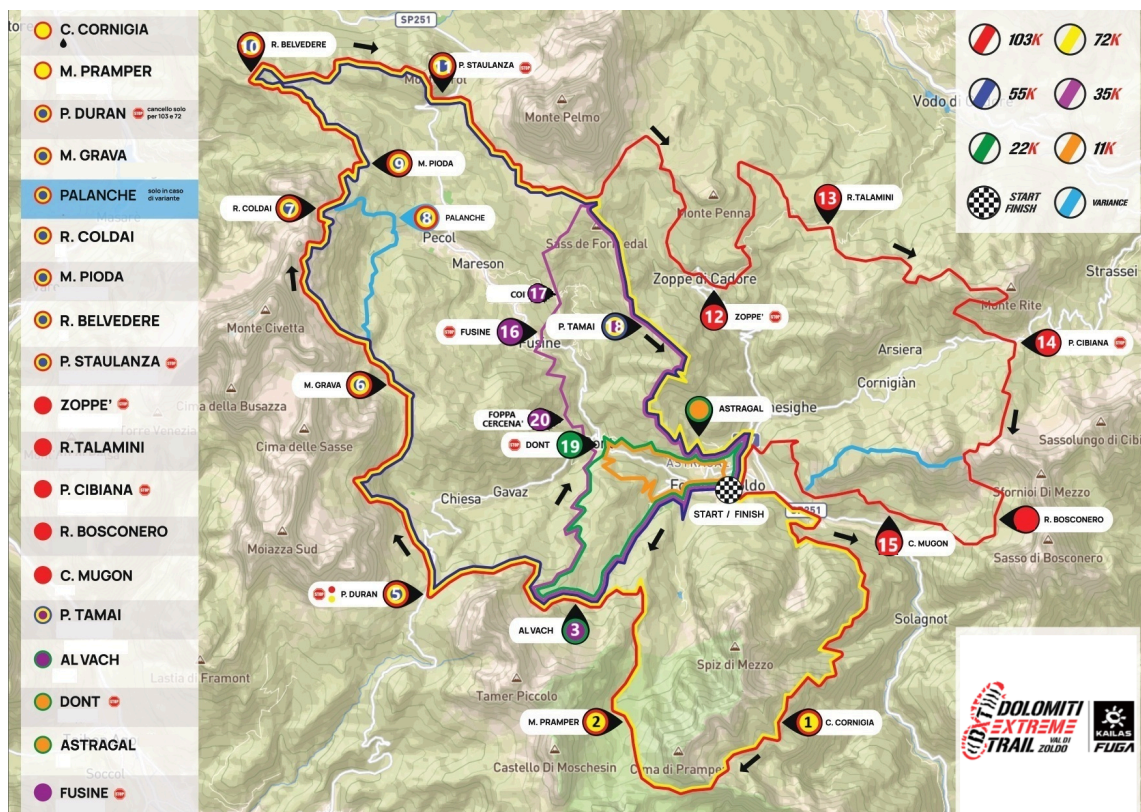


DOLOMITI EXTREME TRAIL

TIMETABLES FOR SUPPORTERS - ORARI PER ACCOMPAGNATORI



NO SHUTTLE BUS AVAILABLE - SOLO CON MEZZI PROPRI

The refreshment areas are reserved **ONLY** for athletes
Le aree dei ristoranti sono riservate **SOLO** agli atleti

	LOCATION LUOGO	HOW TO REACH IT COME RAGGIUNGERLO	PASSAGE TIMES ORARI PASSAGGI
1	MALGA CORNIGIA Refreshment - Ristoro	3h 30 min walk/ a piedi da Ospitale di Zoldo Sentiero CAI 521	SATURDAY - SABATO 103k 00.30 - 03.30 72k 02.30 - 05.30
2	MALGA PRAMPER Refreshment - Ristoro	1h 30 min walk/a piedi da parcheggio Pian dela Fopa	SATURDAY - SABATO 103k 00.30 - 03.30 72k 02.30 - 05.30
3	LAGHETTO DEL VACH 22k Refreshment - Ristoro	30 min walk/a piedi da Malga del Pian	SATURDAY - SABATO 103k 1.00 - 04.30 72k 03.00 - 06.30 55k 05.45 - 06.30 35k 09.45 - 11.30 SUNDAY - DOMENICA 22k 09.00 - 10.00
5	PASSO DURAN RIF. SAN SEBASTIANO Refreshment - Ristoro 103k 72k Time barrier - Cancelli orario	By car – In auto 	SATURDAY - SABATO 103k 02.00 - 07.00 72k 04.00 - 08.30 55k 06.30 - 08.00
6	MALGA GRAVA Refreshment - Ristoro	60 min walk/a piedi da Le Vare Goima	SATURDAY - SABATO 103k 03.30 - 08.45 72k 05.00 - 10.45 55k 07.30 - 11.00

7	RIFUGIO COLDAL Refreshment - Ristoro	100 min walk/a piedi da Palafavera	SATURDAY - SABATO 103k 04.30 - 11.00 72k 06.30 - 13.00 55k 08.30 - 14.30
8	LE PALANCHE (Variant 1) Refreshment - Ristoro	20 min walk/a piedi da Pecol	SATURDAY - SABATO 103k 03.30 - 11.00 72k 06.30 - 13.00 55k 08.30 - 14.30
9	MALGA PIODA Refreshment - Ristoro	40 min walk/a piedi da Palafavera	SATURDAY - SABATO 103k 04.30 - 11.00 72k 07.00 - 13.00 55k 09.00 - 14.30
10	RIFUGIO BELVEDERE Refreshment - Ristoro	60 min walk/a piedi da Malga Fontanafredda	SATURDAY - SABATO 103k 5.00 - 12.00 72k 07.30 - 14.00 55k 09.30 - 15.00
11	PASSO STAULANZA Refreshment - Ristoro Time barrier - Cannello orario	By car – In auto 	SATURDAY - SABATO 103k 06.30 - 14.30 72k 08.30 - 16.00 55k 10.00 - 15.30
12	ZOPPE' DI CADORE Refreshment - Ristoro Time barrier - Cannello orario	By car – In auto 	SATURDAY - SABATO 103k 07.00 - 18.30
13	RIFUGIO TALAMINI Refreshment - Ristoro	50 min walk/a piedi da Zoppè di Cadore 	SATURDAY - SABATO 103k 07.30 - 19.30
14	PASSO CIBIANA Refreshment - Ristoro Time barrier - Cannello orario	By car – In auto	SATURDAY - SABATO 103k 09.00 - 22.00
	RIFUGIO BOSCONERO	90 min walk/a piedi da Pontesei	SATURDAY - SABATO 103k 11.00 - 00.30
15	CASERA MUGON Refreshment - Ristoro	30 min walk/a piedi da Pontesei	SATURDAY - SABATO 103k 11.00 - 01.30
16	FUSINE Refreshment - Ristoro Time barrier - Cannello orario	By car – In auto 	SATURDAY - SABATO 35k 10.30 – 13.00
17	COI 35k	By car – In auto 	SATURDAY - SABATO 35k 11.00 – 14.00
18	PASSO TAMAI Refreshment - Ristoro	40 min walk/a piedi da Costa	SATURDAY - SABATO 72k 08.30 - 18.00 55k 10.00 – 16.00 35k 11.00 – 16.00
19	DONT DI ZOLDO Refreshment - Ristoro 22k Time barrier - Cannello orario	By car – In auto 	SUNDAY - DOMENICA 11k 09.15 - 11.30 22k 9.30 - 11.30
	ASTRAGAL	By car – In auto 15 min walk/a piedi da Forno	SUNDAY - DOMENICA 11k 09.30 - 11.45 22k 9.45 - 11.45
20	FOPPA - CERCENA'	Foppa by car-in auto / Cercenà 30 min walk/a piedi da Foppa	SATURDAY - SABATO 35k 10.00 – 13.00
Personal assistance to athletes is only possible in those refreshment points where the time gates relating to the chosen distance have been programmed. L'assistenza personale agli atleti è consentita solo nei ristori dove siano stati programmati i cancelli orari relativi alla gara scelta.			