



Atletica Zoldo

## 53 K

### RISTORI - REFRESHMENT

	Località Place	Altitudin e Altitude	Km dalla partenza Km from the start	Km per il traguardo Km to the finish	Servizi disponibili	Available services
	<b>PARTENZA</b> <b>Forno di Zoldo</b> <b>ore 5.30</b>	848 m	0	53	<ul style="list-style-type: none"> <li>• Ritiro sacche</li> <li>• Ingresso e controllo atleti</li> </ul>	<ul style="list-style-type: none"> <li>• Pick up athlete's bags</li> <li>• Input and control of the athletes</li> </ul>
3	<b>Passo Duran</b>	1605 m	14	39	<ul style="list-style-type: none"> <li>• Rifornimento idrico</li> <li>• Servizio navetta</li> </ul>	<ul style="list-style-type: none"> <li>• Water supply</li> <li>• Shuttle bus service</li> </ul>
4	<b>Malga Grava</b>	1627 m	20	33	<ul style="list-style-type: none"> <li>• Rifornimento idrico</li> <li>• Servizio navetta</li> <li>• Assistenza medica</li> </ul>	<ul style="list-style-type: none"> <li>• Water supply</li> <li>• Shuttle bus service</li> <li>• Medical assistance</li> </ul>
5	<b>Rifugio Coldai</b>	2135 m	26	27	<ul style="list-style-type: none"> <li>• Rifornimento idrico/solido</li> </ul>	<ul style="list-style-type: none"> <li>• Water/solid supply</li> </ul>
6	<b>Malga Pioda</b>	1843 m	29	24	<ul style="list-style-type: none"> <li>• Rifornimento idrico</li> <li>• Servizio navetta</li> <li>• Assistenza medica</li> <li>• <b>Cancello orario (ore 13.30)</b></li> </ul>	<ul style="list-style-type: none"> <li>• Water supply</li> <li>• Shuttle bus service</li> <li>• Medical assistance</li> <li>• <b>Time barrier (13.30)</b></li> </ul>
7	<b>Passo Staulanza Base Vita</b>	1773 m	37	16	<ul style="list-style-type: none"> <li>• Rifornimento idrico/ solido</li> <li>• Servizio navetta</li> <li>• Assistenza medica e fisioterapica</li> <li>• <b>Cancello orario (ore 14.30)</b></li> </ul>	<ul style="list-style-type: none"> <li>• Water and solid supply</li> <li>• Shuttle bus service</li> <li>• Medical and physiotherapy assistance</li> <li>• <b>Time barrier(14.30)</b></li> </ul>
8	<b>Passo Tamai</b>	1715 m	45	8	<ul style="list-style-type: none"> <li>• Rifornimento idrico</li> <li>• Servizio navetta</li> <li>• Assistenza medica</li> <li>• <b>Cancello orario (ore 16.00)</b></li> </ul>	<ul style="list-style-type: none"> <li>• Water supply</li> <li>• Shuttle bus service</li> <li>• Medical assistance</li> <li>• <b>Time barrier (16.00)</b></li> </ul>
	<b>ARRIVO</b> <b>Forno di Zoldo</b>	848 m	53	0	<ul style="list-style-type: none"> <li>• Rifornimento idrico/solido</li> <li>• Servizio navetta</li> <li>• Assistenza medica e fisioterapica</li> <li>• Docce</li> <li>• <b>Cancello orario (ore 19.00)</b></li> </ul>	<ul style="list-style-type: none"> <li>• Water and solid supply</li> <li>• Shuttle bus service</li> <li>• Medical and physiotherapy assistance</li> <li>• Shower</li> <li>• <b>Time barrier (19.00)</b></li> </ul>

Tempo massimo : 13.30 ore - Maximum time: 13.30 hours

Info: [www.dolomitiextremetrail.com](http://www.dolomitiextremetrail.com)